

Random Act of Kindness Stories 2011

Twitter –

[@msmixonifunasty](#)

[#werak](#) [#rakday](#) aww we were just @ mcdonalds & the lady in front of us at the drive thru paid for our food and gave us a pay it forward card:)

[@UWindsor](#)

Smiles and new friends for Winston as he hands out flowers on campus [#rakday](#) [#werak](#)
yfrog.com/gy4hbkvj

[@YvonnePilon](#)

[@kevinspry](#) chooses "chocolate" for his RAK [#WERAK](#) [@WindsorEssexRAK](#)
<http://t.co/4tONMLBH>

[@zoroms](#)

[#WERAK](#) King Edward PS grade 6s RAK planting trees on Fighting Island

[@TMayer85](#)

[@WindsorEssexRAK](#) Did my part, left behind a TimCard, w/RAK card, only to find someone paid for my order as well!! [#RAK](#) [#WERAK](#)

[@lynseymeikle](#)

Stranger in the drive-thru bought my coffee this morning- time to pay it forward! [#RAKDay](#)
[#WERAK](#)

[@its_brittney](#)

Someone amazing at the office brought cookies :) [#rakday](#) [#WERAK](#) twitpic.com/7aqitb

Facebook –

[Steve Erwin](#)

Canada Border Services will have their staff come to Hotel-Dieu Grace Hospital on Friday morning between 9 and 12 Noon as part of Random Acts of Kindness Day to hand out muffins in our Goyeau Street Lobby!

[Moe Gibbons](#)

I went to subway today while I was there I noticed a lady counting change to get subs , so I paid for my order and hers and told the teller to tell the lady , someday when you can do the same for someone else and i left before she could thank me . This was a feeling in my heart that I have been missing for a long time it was GREAT!!!

Sharron Vctor

thank you to the lady at tim hortons on lauzon for generous gift card.

Floreen Marie Lovett Sr

they game me a carnation...made my day ..big thankyou.

Rod MacDonald

donated coats for the Coats for Kids Campaign and I gave an extra large tip to a waitress when I was at a restaurant.

Heather Campbell-Kozora

Well I was extreremly lucky today!!! Started off with a free coffee at Tim's and a RAKD card. Then received some alcholic beverages from a friend at work with yet another RAKD. Wow! Made my day! Now it's my turn to make some one elses day ... Thank you :)

Tim Mayer

Did my part today, Purchased a Tim Card at Tim Horton's and left it with a RAK card to be handed out randomly by the cashier, and wouldn't you know it, someone had already paid for my order when I went to pay for it!!

Monica Carruthers

started the day a bit cranky, went into town to do a few errands and when I came out of the store; someone had left an envelope on my car. it said "this is a random act of kindness" Inside was a beautiful card "Please enjoy this random act of kindness, God bless" etc. and a \$5 TimHorton gift card. brought a tear to my eye. Why did this end up on my windshield???? decided to "pay it forward" and dropped into the local soup kitchen. I met the amazing man there who started this organization. So I gave them a donation towards feeding the less fortunate. he told me of a woman who won the Raffle in town; \$150.00 in meat... she donated it to them. touched by the generosity of people. So I told him, "when you go to pick up the meat on Sunday, buy yourself a coffee" I gave him the gift card.... my day was changed

Telephone –

>I experienced a Random Act of Kindness today. I was in the grocery store and was having trouble packing my grocery bags. I just got really weak because I have cancer. The lady standing there said "let me carry these bags for you." So she took my four bags out to my car. Never met her before. Great Act of Kindness

>At grocery store today talking with a friend and said I needed a hug. My friend gave me one, but then another person walking by stopped and asked if I would like another. So she gave me a hug too.

>I just paid for breakfast for 25 people at McDonalds. That was FUN! One woman even gave me a hug. Then McDonalds repaid the kindness by giving me my breakfast.

Email –

Name: kelly francoeur

Message: I had a gentleman come to hotel dieu grace hospital the other night, he came in to see a patient of mine. I was really touched by what he was doing. I think this is a wonderful program. He left some cards, and I will be using them. I work really hard at changing the lives of the people I care for on a daily basis, its why I love my job so much. ***It is the most simple things that make the difference in someones life, and by doing things for people it has allowed me to meet some of the most amazing people.*** I count myself lucky to have had the chance to meet the man who came in. So if he sees this I hope he knows that he is making a wonderful difference in people's lives.

Name: Sandy Telfer

Message: i cannot begin to Thank the students at David Suzuki School for the act of kindness throughout my neighbourhood. they not only assisted my husband in cleaning our yard of leaves, but the entire neighbourhood of the 900 block of Homedale. great job and thanks for being a part of the community. Jack and Sandy

Name: John Gallant

Message: I was coming home from a meeting, I was riding my motorcycle. I was stopped at a corner waiting for a light. An old woman was crossing when she had fell. Several people that day was walking by, but not one would stop to help. I got off my bike to help the woman. When traffic was backed up the police came to see what the problem was. When they have arrived they seen me on the ground with the woman beside her. I have told the officers what had happened. They told me that I was like one out of a thousand.

One kind act can go a long ways. You will be amazed how good it feels to just stop and help one person. Trust me it goes a long ways. People do not forget the act of kindness that you have performed. If someone has helped you, thank them. That can lead to a long time friendship. Live each day one day at a time.

Name: Lisa Malek - THE Party Rental Company

Message: Just wanted to let you know that THE Party Rental Company will be at Immaculate school tomorrow afternoon for RAK day. We were trying to decide what to do for RAK Day. One night I went for coffee with my friend who is a teacher. She was telling me about the hardships that some of her students have to endure at young ages. I came home and I was talking with my children about how fortunate we are and I was explaining gratefulness. I was

telling them that some children go to school for a breakfast program and they are not read to at night(some parents can't read English) My one daughter started to cry and said "Let's go and read to them! We can give them money and we can bring them some food". That's when we decided to go to the school and meet these children and do something special with them. My children are so excited to go tomorrow and read to the children, to make a craft with them and we are going to surprise them with some cotton candy! I have been doing random acts of kindness for years but I am really excited this year because my children are not only involved but they helped to come up with this idea!
Thank you for encouraging Random Acts of Kindness!

Name: Dorothy Verkaik

Message: Here are some pictures from today! 1) My son is reading to the students at immaculate. 2) My daughter is reading to a group of students at Immaculate. 3) My son is helping the students to put RAK tattoos on their arms. My daughter is helping the students make special cards for special people. Then we made cotton candy and one girl had never seen cotton candy before! Three of the students even gave us the cards they made...they said Thank you on them! My husband and I had so much fun watching our children spread kindness to others! What a great feeling!!! Thank you to Mrs Wawrow for allowing us this opportunity for our children to spread kindness to others!

Message: I would just like to share a story with you about a random act of kindness that occurred on November 2/11. Our receptionists mother Gloria White came to our office and provided a home cooked lunch for us. It was so tasty and it had been a long time since we have all had the opportunity to take a full lunch hour. Usually we are very busy in and out of office all day and end up eating on the run or not at all. This was a pleasant surprise for all and greatly appreciated.

Name: Sandy Hart

Message: My daughter was coming into Hotel Dieu for some tests and she told me that she was given some flowers for the Random Act of Kindness. She was really pleased. When she went back to her apartment there was an elderly Serbian lady sitting in the lobby, so she gave the flowers to her. The elderly lady (who doesn't speak English) gave her a big smile and hug.

Just thought you and your team would like to know that you brightened up the day not only for my daughter but also for an elderly lady with your kindness.

Name: Shelly J. Quick

Message: A local business man sent the Municipality of Leamington staff two beautiful fruit baskets filled with goodies as a random act of kindness!

It was greatly appreciated and very unexpected!

Groups

The **Alzheimer Society of Windsor & Essex County** had a staff team give blood together.

Staff from the **Scotiabank** at Tecumseh & Central collected funds and surprised the students at Gordon McGregor Grade school with a monetary donation toward their breakfast program.

Multicultural Council of Windsor & Essex County

Held a Chalk Art Event which gave the gift of Art to Downtown Windsor, as local artists and youth created sidewalk murals and paintings. Also, their youth group visited Riverside Place seniors centre to do crafts with the senior's and to sing Karaoke.

South Essex Community Council staff greeted visitors with free cookies and coffee.

The Windsor Star surprised eight elementary schools with several hundred books. Further, their staff joined Community Foundation volunteers to distribute 500 free newspapers and 50 free tokens at the Windsor-Detroit Tunnel.

The University of Windsor's mascot, Winston the Lancer gave out 1000 carnations around the University Campus to students and visitors.

BMO Nesbitt Burns staff provided cookies and Tim Hortons gift cards to the individuals who are eating lunch with the Downtown Mission at Charles Clark Square.

Canada Border Service Agency staff surprised people in the lobby of Hotel Dieu by giving out muffins, coffee and flowers. They then surprised the staff at the Alzheimer Society with flowers.

"We had flowers donated from Oak Farms in Leamington – they donated 60 flower arrangements which we divided out into two small bunches so we had 120 small arrangements we handed out at Hotel Dieu and the Alzheimer's Society. We had 6 dozen muffins that we also handed out as well. We had another 2 dozen long stem roses donated by SKZ Florist & gift shop on Howard"

Fahrhall Mechanical will be hosting a free community skate on November 18th... stories to follow.

Schools

Belle River District High School student did several things in their community including:

- Visiting the residents at Seasons retirement home to play "Charades."
- Walking the main street of Belle River, thanking local businesses for their support with cards and cookies.
- Sharing their art talents with local businesses by painting the windows of interested businesses with decor of the owner's choosing.

FJ Brennan Catholic High School students played music for residents at a local retirement home. They also brought thank you letters to local Fire Departments, EMS and Police and get well cards to patients in the hospital.

Forest Glade Public School, Grade 1-2 students visited seniors at Aspen Lake, sharing a snack and singing/acting for them

Holy Cross Elementary students visited Season Royal Oaks Retirement Centre to play Bocci Ball, do Crosswords and play music for the residents. Others swept driveways and porches for their neighbours.

Holy Names Catholic High School students placed tootsie pops with the message "Have a great day from Holy Names' Student Body" in the mailboxes of the neighbours. Others, went out "Raking a Difference" for neighbours around the school.

St. John Vianney Catholic Elementary School - 70 grade 7 students raked leaves and cleaned-up yards in their neighbourhood.

John Campbell Public School got involved in several ways:

- Their GAP club (Girls are Powerful) made baked goods for their school breakfast program on Friday morning.
- JK/SK and special needs students made bird feeders, then grade 8 students helped them hang them around the school yard.
- Students in grade 2-5 picked-up garbage and raked leaves around the school

Kingsville District High School's Student Council surprised parents/bus drivers who are dropping off students at the start of the school day with bags of cookies.

Cardinal Carter students did a clean-up and raked leaves around the school's neighbourhood.

Our Lady of the Annunciation students did a community clean-up in the area around their school and made special cards for the staff and residents of local rest home.

Students from **Our Lady of Perpetual Help** and Mayor Eddie Francis surprised Veterans at the Ivy Rose Restaurant with thank-you cards and a free breakfast.

Southwood Public School's special needs (GAINS) classroom cleaned up the park between their school and St. Clair College.

120 students from **Dr. David Suzuki School** raked the leave for their senior neighbours.

Maranatha Christian Academy students raked leaves for their neighbours.

Public Alternative Secondary School staff and students raked leaves and participated in a community clean-up.

St. Jules Catholic Elementary participated in several ways:

- Grade 6 class students donated children's books to Windsor Regional Hospital and adult books to Windsor Regional Hospital Oncology Unit together with get well cards.
- Grade 5/6 students cleaned the inside and out of a neighbouring church.
- Grade 1-4 classes baked cupcakes for our local firestation and police station and paramedics. While grade 2,3 and 6 students made thank-you cards for them.