

# Random Act Of Kindness Day!™

November 12<sup>th</sup>, 2010

The WindsorEssex Community Foundation has set aside **November 12<sup>th</sup> as Random Act of Kindness Day in Windsor-Essex!** We will join residents in London, Kitchener-Waterloo, Cambridge, Guelph, Brantford, Niagara and Orillia; to invest in each other and celebrate kindness – that value we hold so important to us all.

**Random Act of Kindness Day** cards will be circulated around our region. These cards encourage individuals and businesses to perform a simple act of kindness for someone – a neighbour, a friend, a co-worker, or someone they don't even know – and hand the card over to that person – inspiring him/her to do the same.

A random act of kindness is a wonderful way to touch the life of another person and makes our region a better place. **Random Act of Kindness Day** cultivates community by promoting interaction between our residents and allows them to celebrate our thoughtfulness and generosity.

Please consider promoting Random Act of Kindness Day in your community.

1. Pick-up a RAK Card

2. Perform an Act of Kindness

3. Pass on the card

4. Share your RAK stories

For more information or to inquire about participating contact  
Mike Morency, Communications & Grants Coordinator,  
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